Blue Care Network of Michigan

A nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association

Location/Subgroup:	MICHIGAN THERAPEUTIC CONSULTANTS
Group-Subgroup-Class:	00284155-0001-0002

BCN HSA SM HMO Gold $2,000 High Deductible Health Plan for Medical and Prescription Drug Coverage

This is intended as an easy-to-read summary and provides only a general overview of your benefits. **It is not a contract.** Additional limitations and exclusions may apply to covered services. For a complete description of benefits, please see the applicable Blue Care Network certificate and riders. Payment amounts are based on the Blue Care Network approved amount, less any applicable deductible, coinsurance and/or copay amounts required by the plan. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan documents, the plan document will control. This coverage is provided pursuant to a contract entered into in the State of Michigan and shall be construed under the jurisdiction and according to the laws of the State of Michigan. Services must be provided or arranged by member's primary care physician or health plan.

Member's Responsibility: Deductible, Copays, Coinsurance and Dollar Maximums

Note: The Deductible will apply to certain services as defined below.

Deductible **Note**: Deductible is combined for both medical and prescription drug coverage. The full family deductible must be met under a two-person or family contract before benefits are paid for any person on the contract	$2,000 for a one-person contract, $4,000 for a family contract (2 or more members) each calendar year (No 4th quarter carryover)
Fixed Dollar Copay **Note**: Copay amounts apply once the deductible has been met	None
Coinsurance **Note**: Coinsurance amounts apply once the deductible has been met	0% and 50% for select services as noted below
Out of Pocket Maximum – total amount paid toward medical and pharmacy services including deductible, copays and coinsurance cost-sharing amounts	$3,500 for a one-person contract, $7,000 for a family contract (2 or more members) each calendar year

Preventive Services - as defined by the Affordable Care Act and included in your Certificate of Coverage

Health Maintenance Exam	Covered – 100%
Annual Gynecological Exam	Covered – 100%
Pap Smear Screening – laboratory services only	Covered – 100%
Well-Baby and Child Care	Covered – 100%
Immunizations – pediatric and adult	Covered – 100%
Prostate Specific Antigen (PSA) Screening – laboratory services only	Covered – 100%
Routine colonoscopy	Covered – 100%
Mammography Screening	Covered – 100%
Voluntary Female Sterilization	Covered – 100%
Breast Pumps	Covered – 100%
Maternity Pre-Natal Care	Covered – 100%

Physician Office Services

PCP Office Visits	Covered – 100% after deductible
Online Visits	Covered – 100% after deductible
Consulting Specialist Care – when referred	Covered – 100% after deductible

Location/Subgroup: MICHIGAN THERAPEUTIC CONSULTANTS
Group-Subgroup-Class: 00284155-0001-0002

Emergency Medical Care	
Hospital Emergency Room	Covered – 100% after deductible
Urgent Care Center	Covered – 100% after deductible
Ambulance Services – medically necessary	Covered – 100% after deductible
Diagnostic Services	
Laboratory and Pathology Services	Covered – 100% after deductible
Diagnostic Tests and X-rays	Covered – 100% after deductible
Radiation Therapy	Covered – 100% after deductible
Maternity Services Provided by a Physician	
Post-Natal Care. See Preventive Services section for Pre-Natal Care	Covered – 100%
Delivery and Nursery Care	Covered – 100% after deductible
Hospital Care	
General Nursing Care, Hospital Services and Supplies	Covered – 100% after deductible; unlimited days
Outpatient Surgery – see member certificate for specific surgical coinsurance	Covered – 100% after deductible
Alternatives to Hospital Care	
Skilled Nursing Care	Covered – 100% after deductible up to 45 days per calendar year
Hospice Care	Covered – 100% after deductible
Home Health Care	Covered – 100% after deductible
Surgical Services	
Surgery – includes all related surgical services and anesthesia.	Covered – 100% after deductible
Voluntary Male Sterilization – See Preventive Services section for voluntary female sterilization	Covered – Male - 50% after deductible
Elective Abortion (One procedure per two-year period of membership)	Covered – 50% after deductible
Human Organ Transplants (subject to medical criteria)	Covered – 100% after deductible
Reduction Mammoplasty (subject to medical criteria)	Covered – 50% after deductible
Male Mastectomy (subject to medical criteria)	Covered – 50% after deductible
Temporomandibular Joint Syndrome (subject to medical criteria)	Covered – 50% after deductible
Orthognathic Surgery (subject to medical criteria)	Covered – 50% after deductible
Weight Reduction Procedures (subject to medical criteria) – Limited to one procedure per lifetime	Covered – 50% after deductible
Behavioral Health Services (Mental Health and Substance Use Disorder Treatment)	
Inpatient Mental Health Care	Covered – 100% after deductible
Inpatient Substance Use Disorder	Covered – 100% after deductible
Outpatient Mental Health Care includes online visits **Note**: For diagnostic and therapeutic services, the medical benefit applies.	Covered – 100% after deductible
Outpatient Substance Use Disorder	Covered – 100% after deductible

Location/Subgroup: MICHIGAN THERAPEUTIC CONSULTANTS
Group-Subgroup-Class: 00284155-0001-0002

Autism Spectrum Disorders, Diagnoses and Treatment

Applied behavioral analyses (ABA) treatment through age 18 **Note**: Diagnosis of an autism spectrum disorder and a treatment recommendation for ABA services must be obtained by a BCN approved autism evaluation center (AAEC) prior to seeking ABA treatment.	Covered – 100% after deductible
Outpatient physical therapy, speech therapy and occupational therapy for autism spectrum disorder through age 18 Unlimited visits for physical, speech and occupational therapy for autism spectrum disorder diagnosis	Covered – 100% after deductible
Other covered services, including mental health services, for Autism Spectrum Disorder	See your outpatient mental health, medical office visits and preventive benefit

Other Services

Allergy Testing and Therapy	Covered – 100% after deductible
Allergy office visits	Covered – 100% after deductible
Allergy Injections	Covered – 100% after deductible
Chiropractic Spinal Manipulation – when referred	Covered – 100% after deductible; up to 30 visits per calendar year
Rehabilitative Services – subject to meaningful improvement within 90 days • Outpatient Physical and Occupational Therapy – limited to a combined benefit maximum of 30 visits per calendar year • Outpatient Speech Therapy – limited to 30 visits per calendar year	Covered – 100% after deductible
Habilitative Services • Outpatient Physical and Occupational Therapy – limited to a combined benefit maximum of 30 visits per calendar year • Outpatient Speech Therapy – limited to 30 visits per calendar year	Covered – 100% after deductible
Outpatient Cardiac and Pulmonary Rehabilitation	Covered – 100% after deductible; limited to a benefit maximum of 30 visits per calendar year
Infertility Counseling and Treatment (excluding In-vitro fertilization)	Covered – 50% after deductible
Durable Medical Equipment	Covered – 50% after deductible
Pediatric Vision • Eye Exam – Limited to once per calendar year through the last day of the year in which an individual turns age 19 • Prescription Glasses – Frames (chosen from a select collection) and lenses are covered once in a calendar year through the last day of the year in which an individual turns age 19	Covered – 100%

Location/Subgroup:	MICHIGAN THERAPEUTIC CONSULTANTS
Group-Subgroup-Class:	00284155-0001-0002

Other Services

Prescription Drugs	Tier 1A – Value Generics Covered – $10 copay after deductible Tier 1B – Generics Covered – $30 copay after deductible Tier 2 Preferred Brand Covered – $60 Copayment after deductible Tier 3 Non-Preferred Brand C overed – $80 Copayment after deductible Tier 4 Preferred Specialty C overed – 20% Coinsurance of the BCN Approved Amount after deductible (Maximum Copayment $200) – Specialty drugs are covered only when obtained from the BCN Exclusive Specialty Pharmacy Network. Tier 5 Non-Preferred Specialty Covered – 20% Coinsurance of the BCN Approved Amount after Deductible (Maximum Copayment $300) – Specialty drugs are covered only when obtained from the BCN Exclusive Specialty Pharmacy Network. Drugs for sexual dysfunction, weight loss, cough & cold Not Covered Contraceptives Covered – Tier 1A – 100% (deductible does not apply), Tier 1B – $30 copay after deductible, Tier 2 - $60 copay after deductible, Tier 3 - $80 copay after deductible Preventive Drugs Covered – 100% 90 Day Retail: 84-90 day supply Covered – 3 times the 30-day copay minus $10 after deductible Mail order: 30 day supply Covered – The applicable tiered copay applies after deductible Mail order: 31-90 day supply C overed – 3 times the 30-day copay minus $10 after deductible